

Texas Kitchen

Texas Kitchen-Food,recipes,family, life and getting through it all. Sit down at the table and let's talk awhile. Want to read a new product review, enter a great giveaway sample a tasty recipe Texas Kitchen has what you are looking for.

Showing newest posts for query **salt lamp**. [Show older posts](#)

Friday, September 2, 2011

Himalayan Salt Shop Lamp



Himalayan Salt Shop sent over a beautiful lamp for review. I have always liked Himalayan Salt Lamps from the moment I saw one. They are absolutely gorgeous. I love the natural feel and look of them. So rustic. The glow from the lamp is not only soothing but I understand it has health benefits as well.

The one I received is the [Himalayan Salt Lamp \(6-8 lbs.\)](#) This lamp is truly beautiful. The glow that illuminates my living room when it is on is enough to see pretty well. The ambiance is changed. Very soothing and kind of romantic. like candlelight without the flame. Can't get much better than that. Beautiful and good for you. Hubby even likes it.

info from website:

This 6-8 lb. Himalayan Salt Crystal Lamp is a common first purchase. It is still on the small side, but big enough for sufficient ionization of a small bedroom. It allows you the luxury of significant ionization at a low price. Those who wish to start their ionization process in their bedroom typically look for this lamp. From our experiences, the people who start out this way usually enjoy the lamp and decide to furnish additional rooms in the home.

Crystal Height 7 - 8 Inches
Crystal Width 5 - 7 Inches

Pages / Giveaway Pages

[Home](#)

[Terms of use](#)

[Royal Berkey Water Filter Giveaway \(ARV \\$283\)](#)

[LightSpeed Tents Quick Cabana Giveaway](#)

[Zoobie Pets Giveaway](#)

[RobeMart Child's Robe Giveaway](#)

[WonderMill Grain Mill Giveaway \(ARV \\$ 270\)](#)

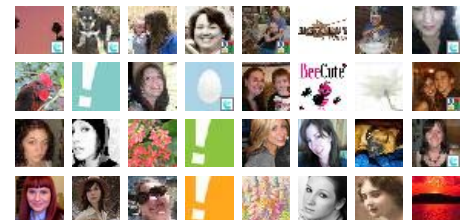
Followers

Join this site

with Google Friend Connect



Members (1263) [More »](#)



Already a member? [Sign in](#)

Facebook

Like

839 people like this.

Subscribe Now: [standard](#)

Crystal Weight 6 - 8 Lbs
Protection Area 10x10 Sq.ft

*Includes UL listed cord, bulb, wooden base, and informational sheet

I love that the lamps come in so many shapes and sizes. So there is a lamp for everyone. Want to buy one for a friend , but not sure which lamp to get? Good news, they have [Gift Certificates](#).

Remember, I told y'all these beauties are good for you too. Here is a bit of information on the health benefits

of using a natural salt lamp in your home:

(info in italics is from the Himalayan Salt Shop website)



A salt lamp promotes the health and wellness of everybody living in the household: it is recognized for its air-cleansing ability aside from its aesthetics.

When used, the heat that is emitted by the bulb or by the flame makes the salt lamp emit ions

that are negatively charged. These negative ions then help produce cleaner air. How can the salt lamp actually do this? The air is composed of many elements. These elements include ions which are pollutants such as dust particles that are not easily seen by the naked eye. Pollutants make up most of the air particles and they are also positively charged ions. The action of the salt lamp is to neutralize these positive ions through emitting negative ions. When this happens, the neutralized substances get heavy and ultimately fall, eliminating them from the normal air circulation, thereby eliminating pollution. Electronic devices used at home also produce electro-smog which can affect the concentration as well as the breathing of individuals. Ironically, many mechanical air ionizers that are meant to clean the air actually produce pollution of their own. With a salt lamp, this electro-smog is significantly repressed; in fact, the salt lamp helps eliminate electro-smog of other devices in the home such as personal computers. Salt lamps will not only complement the natural look of your home but they will also encourage health and wellness through a clean environment. Also, a salt lamp not only enhances the health of an individual, but it also helps in keeping other ailments and allergies at bay. For an inexpensive and easy way of boosting the health of your family, try lighting a salt lamp.

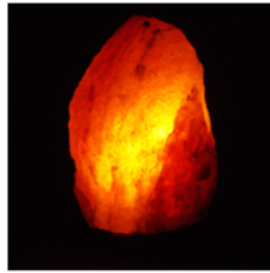
**All information is for educational purposes only.*

Always seek the advice of a qualified health care provider.

Want to know more? Check out their [salt lamp information page](#).

Want to keep up with [Himalayan Salt Shop](#)? You can like em on [Facebook](#), add them as a [friend on Facebook](#), follow em on [Twitter](#) and sign up for their [newsletter](#). (Any and all of these can be entries into the giveaway just make sure to leave a comment on this page to tell me what you did.) Y'all they even have a [blog](#) you can check out. It is the place to find [sales](#) and deals for Himalayan Salt Shop

Ready to buy? Head on over to [Himalayan Salt Shop](#) and get ya some of these [awesome lamps](#). They sell products in these great categories:



Subscribe in a reader

Please Vote for Me Everyday

Recommend this on Google



Vote for Me



Twitter



By [TwitterButtons.com](#)

UpTweet

uptweet

Dali Decals



Inbox Dollars



All use of the Texas Kitchen Website must be in agreement to Terms of Use page. If you do not agree with the Terms of Use please do not use

Newsletter

Sign up for our newsletter!
Get email updates featuring our s

[View newsletter >](#)

Subscribe
with Google Friend Connect

Pageviews last month

1 1 6 1 0

Sociable



About Me



rah267
Tx,
United
States

I love anything to do with food, cooking, gardening, entertaining, natural health and fitness. I live on a cattle ranch in the great state of Texas where we grow fantastic veggies and fruits. My husband hunts so we always have something fantastic on the table. I believe in Jesus and appreciate the many blessings God has given us.

[View my complete profile](#)

Networked Blogs



[Salt Lamps - Natural Shapes](#)

[Salt Lamps - Crafted Shapes](#)

[Salt Lamps - Animal Shapes](#)

[Salt Lamps - Package Deals](#)

[Salt Lamp Accessories](#)

[Salt Candle Holders](#)

[Bath Salt & Inhalers](#)

[Edible Salt](#)

[Bath & Body](#)

[Gift Certificates](#)

Posted by rah267 at 5:10 AM 0 comments 

Recommend this on Google

[Links to this post](#)

Texas Kitchen

Bible Reader

Old Tst. Gen

1

Stopped | [Start](#)

Bible Reader

Select a book/chapter above or...

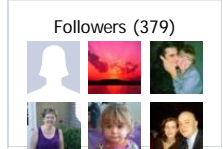
[Random Chapter](#)

[Romans 8](#)

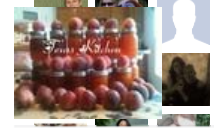
by [Barry Welch](#) (for hire)

Get more gadgets at: fcgadgets.blogspot.com

[About](#)



My Button





Follow this blog 

Free Sweepstakes and Contest

 [Subscribe in a reader](#)

PR Friendly

Texas Kitchen is PR friendly. If your company has something you would like for me to review please feel free to contact me. My email can be found in my profile.

[Newer Posts](#)

[Home](#)

[Older Posts](#)

Subscribe to: [Posts \(Atom\)](#)

Blog Archive

- ▼ 2011 (167)
 - ▶ 10/23 - 10/30 (1)
 - ▶ 10/16 - 10/23 (3)
 - ▶ 10/09 - 10/16 (6)
 - ▶ 10/02 - 10/09 (6)
 - ▶ 09/25 - 10/02 (10)
 - ▶ 09/18 - 09/25 (3)
 - ▶ 09/11 - 09/18 (7)
 - ▶ 09/04 - 09/11 (5)
 - ▼ 08/28 - 09/04 (7)
 - [Kai Fragrance](#)
 - [Accent Decor](#)
 - [Swaddle Designs](#)
 - [Himalayan Salt Shop Lamp](#)
 - [San Francisco Salt Company](#)
 - [Sanomedics Talking Non-Contact Thermometer](#)
 - [Gluten Free in Five Minutes](#)
 - ▶ 08/21 - 08/28 (9)
 - ▶ 08/14 - 08/21 (9)
 - ▶ 08/07 - 08/14 (11)
 - ▶ 07/31 - 08/07 (10)
 - ▶ 07/24 - 07/31 (9)

- ▶ [07/17 - 07/24](#) (8)
- ▶ [07/10 - 07/17](#) (5)
- ▶ [07/03 - 07/10](#) (7)
- ▶ [06/26 - 07/03](#) (13)
- ▶ [06/19 - 06/26](#) (8)
- ▶ [06/12 - 06/19](#) (2)
- ▶ [06/05 - 06/12](#) (3)
- ▶ [05/29 - 06/05](#) (1)
- ▶ [05/22 - 05/29](#) (3)
- ▶ [05/15 - 05/22](#) (2)
- ▶ [05/08 - 05/15](#) (2)
- ▶ [05/01 - 05/08](#) (2)
- ▶ [04/24 - 05/01](#) (3)
- ▶ [04/17 - 04/24](#) (2)
- ▶ [04/10 - 04/17](#) (1)
- ▶ [04/03 - 04/10](#) (2)
- ▶ [03/27 - 04/03](#) (1)
- ▶ [03/20 - 03/27](#) (1)
- ▶ [03/13 - 03/20](#) (1)
- ▶ [03/06 - 03/13](#) (1)
- ▶ [02/27 - 03/06](#) (1)
- ▶ [02/20 - 02/27](#) (2)



My Blog Spark



Blog Search Grab Our Button

Business2Blogger



Zimbio



Alexa



Popular Posts



Axami Lingerie

Axami Lingerie sent me their Seduction thong V-1208 and Seduction push up bra 1201 for review. These are absolutely beautiful undergarments...



Facercise

Carol Maggio's Facercise is a cool new way to make changes to your face without having to go through plastic surgery. Facercise uses a combi...

Sweeps Sites

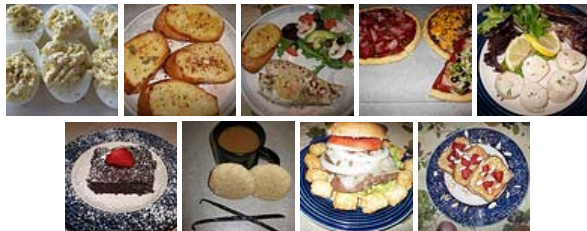


Sweepstakes <http://www.lots-of-luck.com>



Free Sweepstakes and Contest

Flickr Photostream



[View Flickr Photostream.](#)



Warmly Yours Infinity Towel Warmer

I was really excited when Warmly Yours sent me their Infinity Towel Warmer for review. You have seen these on Do It Yourself programs on ...



Royal Engagement Ring

I was so excited when received the replica Royal Engagement Ring from The U.K. Gift Company , This ring is so beautiful. It is a replica of...



The Perfect Puree of Napa Valley

The Perfect Puree of Napa Valley sent me three of their awesome purees for review. I didn't realize what a great treat I was in for. I rece...



Eco Logical Skin Care

Eco Logical Skin Care sent me their products for review. If you are not familiar with Eco, they sell eco friendly sunscreen and a great pr...



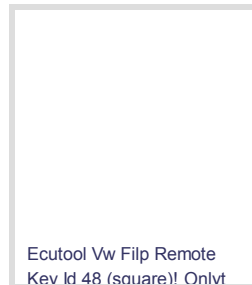
Good Bite Weeknight Meals

I was sent a copy of GOOD BITE™ WEEKNIGHT MEALS for review. This is a fun cookbook with recipes from food bloggers. I love the various...

Sweepstakes Wire



Coupons and Giveaways



Ecutool Vw Filp Remote
Kev Id 48 (square)! Onlyt

Get Widget

Mom Select



Powered by [Blogger.](#)