



Cars, Trucks, and Teething Rings

reviews, giveaways, & everyday life

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FRIDAY, SEPTEMBER 3, 2010

Himalayan Salt Lamp Review and Giveaway

If I say, "salt lamp" what is the first thing that pops into your head? Right, probably not something this beautiful! I had heard about salt lamps in passing and decided to look into them...see what they're really about!



I found the Himalayan Salt Shop and they have a TON of information and available products! Let me tell you, there's more to these lamps than meets the eye! I'm going to share what their website says on the subject, because who better to hear it from than the site itself?

What is a Salt Lamp?

- * These salt lamps are made of natural Himalayan crystal salt mined from underground salt mines in the foothills of the Himalayan Mountains
- * The beautiful orange-reddish Himalayan crystal salt is mounted on a wooden base
- * This crystal salt is hundreds of millions of years old and, as a result, has special properties and high mineral content
- * Heat from the bulb (in our salt lamps) or flame (in our candle holders) causes the salt to emit negative ions
- * These negative ions bond with the pollutants in the air (positive ions) and neutralize them
- * Also, the newly bonded ions become heavier and fall to the ground removing them from the air circulation
- * In addition, these negative ions combat electro-smog caused by electronic devices operating in the home
- * Symptoms from asthma, allergies, and other illnesses can also subside from the effects of these products
- * Concisely, these products cleanse the air naturally and are extremely beautiful

The thing that really caught my attention was the electro-smog bit...I sit in front of this screen 8+ hours a day and I find that interesting. I can't say whether or not the lamp I was sent for review has improved our air quality or anything, but I can say that it's beautiful and I love having it on!! I feel more relaxed while I'm working, whether that is from the lamp itself or the

giveaways



- REAL STEEL Prize Pack (Ends October 19, 2011)
- Schick Intuition Razor & Refills (Ends October 21, 2011)
- Scooby Doo Prize Pack (Ends October 21, 2011)

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Lysol Cold & Flu Prevention

relaxing ambiance, take your pick, your not so scientific guess is as good as mine!



As you can see, it has a prominent spot on my desk next to the monitor. An added bonus, I can use it as a little nightlight for Tiny Man since his room and my office are one and the same ;) It was VERY easy to assemble, it came in 2 pieces (not including the light bulb). I put the bulb in, snapped the bulb section into the base and plugged it in, super simple! It has an on/off switch on the cord, so I don't have to fumble around under my desk to unplug it, a HUGE plus in my book!

Buy it!

There's currently an amazing sale going on now at the Himalayan Salt Shop with prices from \$19.99 on up! In addition, you can use the coupon code "cars" for 10% off on your purchase! A sale plus a coupon code? It doesn't get much better than that!

Win it!

Would you like to win a salt lamp of your very own? The awesome people at the Himalayan Salt Shop have offered me the opportunity to host a giveaway for a 4-5 lb Himalayan Salt Crystal Lamp (similar to the one I received in the photo above).

Entries: I must be able to easily find an email address for the winner. If it isn't in your visible profile, please include it in your comment. If you're chosen and I can't find an email address, I'll be forced to choose another winner. The winner will have 48 hours to respond to my email before another winner is chosen.

This giveaway will run from today, September 3, 2010 until Friday, September 17, 2010.

Mandatory:

1) Go to the Himalayan Salt Shop and tell me something you learned OTHER than what was included in this post.

Extras: (Please leave separate entries for each, each extra is worth 1 entry unless otherwise stated.)

- 2) Follow my blog.
 - 3) Become a [Facebook fan of my blog](#).
 - 4) Follow Cars, Trucks and Teething Rings on [Twitter](#).
 - 5) Tweet this giveaway (1 extra entry per day, please leave the tweet link)
- Can use: RT @mtdewmama Enter to win a Himalayan Salt Lamp at <http://bit.ly/ayLna3!>
- 6) Subscribe to my [blog feed](#).
 - 7) Grab my button and display it on your blog.

Join this site with Google Friend Connect

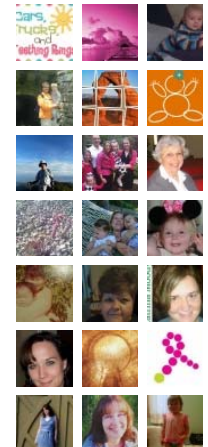
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Penelope's Oasis





other



Contact: sarah@carstrucksandteethingrings.com



Yoplait Splitz Prize Pack



- 8) Enter any of my other giveaways (1 extra entry for each giveaway entered, post separate comments)
- 9) Blog about this giveaway (5 entries, please post 5 comments)

Disclaimer: I was sent product for review, all opinions in this post are mine and may not be the same as other users.



POSTED BY SARAH AT 10:09 AM

LABELS: REVIEW AND GIVEAWAY, SALT LAMP



credits




using You Make Me... by Meghan Mullens

64 COMMENTS:

- mommypants13 said... 1
I learned that the color of the light that the crystal produces gives vital energy and that the colors help to aid in relaxation and help overcome emotional blocks
mommypants13@gmail.com
SEPTEMBER 3, 2010 10:24 AM
- mommypants13 said... 2
I follow your blog
mommypants13@gmail.com
SEPTEMBER 3, 2010 10:24 AM
- mommypants13 said... 3
I like you on facebook
mommypants13@gmail.com
SEPTEMBER 3, 2010 10:25 AM
- mommypants13 said... 4
I follow you on twitter
mommypants13@gmail.com
SEPTEMBER 3, 2010 10:25 AM
- mommypants13 said... 5
I subscribe to your feed
SEPTEMBER 3, 2010 10:25 AM
- mommypants13 said... 6
I entered your CSN certificate giveaway
mommypants13@gmail.com
SEPTEMBER 3, 2010 10:26 AM
- Joshlin said... 7
To clean it you periodically wipe with a slightly damp towel or sponge to remove dust. Dry with a towel.

| | | |
|---|--|----|
| Sept 16 | savingmomssanity at gmail dot com | |
| CSN Stores Giveaway Ending Tomorrow! | SEPTEMBER 3, 2010 11:28 AM | |
| Wordless Wednesday 9/15 | Joshlin said... | 8 |
| Apple Orchard Adventure! | I follow your blog. savingmomssanity at gmail dot com | |
| Swagcode Up! | SEPTEMBER 3, 2010 11:29 AM | |
| Let George Clean It! Review and Giveaway | Joshlin said... | 9 |
| Another laid back Sunday | I tweeted! http://twitter.com/savingmomsanity/status/22896700521 savingmomssanity at gmail dot com | |
| Apples on the brain! | SEPTEMBER 3, 2010 11:30 AM | |
| Friday Hops! | Shooting Stars Mag said... | 10 |
| Free Amazon Prime for Moms and an Amazon Gift Card... | this looks great. I learned- | |
| Twitter Hop Thursday | As long as you do not submerge the crystal in water or expose it to excessive moisture, the crystal will last virtually forever. | |
| Wordless Wednesday 9/8 | | |
| Redbox: Thanks a Billion | lauren51990 at aol dot com | |
| Earn extra giveaway entries!! | SEPTEMBER 3, 2010 2:10 PM | |
| Labor Day Sunday Giveaway Scout | Shooting Stars Mag said... | 11 |
| Britax Frontier 85 Giveaway at MBB! | follow blog | |
| Whooga Boots! Saturday Hops! | lauren51990 at aol dot com | |
| Happy Friday! | SEPTEMBER 3, 2010 2:10 PM | |
| Yoplait Splitz Review and Giveaway | Shooting Stars Mag said... | 12 |
| Himalayan Salt Lamp Review and Giveaway | twitter follow: shootingstarmag | |
| Bistro Sets and a CSN Stores Giveaway! | lauren51990 at aol dot com | |
| bumGenius Users!! | SEPTEMBER 3, 2010 2:11 PM | |
| Wordless Wednesday 9/1 | elaine said... | 13 |
| ► August (12) | I learned that the longer the saltlamp is left on the more it purifys the air. | |
| ► July (17) | Elaine R emrosser@shaw.ca | |
| ► June (21) | SEPTEMBER 3, 2010 4:07 PM | |
| ► May (24) | LAMusing said... | 14 |
| ► April (29) | I learned they are having a sale on their Small Bowl of Fire adrianecoros(at)gmail(dot)com | |
| ► March (30) | SEPTEMBER 3, 2010 11:57 PM | |
| ► February (32) | LAMusing said... | 15 |
| | Tweet! http://twitter.com/LAMusing/status/22947260449 | |

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SEPTEMBER 3, 2010 11:59 PM

LAMusing said... 16

I follow you on GFC
adrianecoros(at)gmail(dot)com

SEPTEMBER 4, 2010 12:00 AM

LAMusing said... 17

I entered CSN giveaway
adrianecoros(at)gmail(dot)com

SEPTEMBER 4, 2010 12:03 AM

3 Giggly Monsters said... 18

I learned that they also sell bath salt crystals in a jar.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:23 PM

3 Giggly Monsters said... 19

Following your blog.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:23 PM

3 Giggly Monsters said... 20

I am a fan of yours on fb.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:24 PM

3 Giggly Monsters said... 21

Following you on twitter.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:24 PM

3 Giggly Monsters said... 22

subscriber to your feed.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:24 PM

3 Giggly Monsters said... 23

I have your button.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:24 PM

3 Giggly Monsters said... 24

I entered your CSN giveaway.
megankayden@yahoo.com

SEPTEMBER 4, 2010 9:25 PM

Joshlin said... 25

I blogged about this giveaway at
<http://asavingmomssanity.blogspot.com/2010/09/saturdays->

giveaways.html
savingmomssanity at gmail dot com
#1

SEPTEMBER 6, 2010 8:30 PM

Joshlin said... 26

I blogged about this giveaway at
<http://asavingmomssanity.blogspot.com/2010/09/saturdays-giveaways.html>
savingmomssanity at gmail dot com
#2

SEPTEMBER 6, 2010 8:30 PM

Joshlin said... 27

I blogged about this giveaway at
<http://asavingmomssanity.blogspot.com/2010/09/saturdays-giveaways.html>
savingmomssanity at gmail dot com
#3

SEPTEMBER 6, 2010 8:30 PM

Joshlin said... 28

I blogged about this giveaway at
<http://asavingmomssanity.blogspot.com/2010/09/saturdays-giveaways.html>
savingmomssanity at gmail dot com
#4

SEPTEMBER 6, 2010 8:30 PM

Joshlin said... 29

I blogged about this giveaway at
<http://asavingmomssanity.blogspot.com/2010/09/saturdays-giveaways.html>
savingmomssanity at gmail dot com
#5

SEPTEMBER 6, 2010 8:30 PM

Joshlin said... 30

Daily Tweet!
<http://twitter.com/savingmomsanity/status/23190822617>
savingmomssanity at gmail dot com

SEPTEMBER 6, 2010 8:34 PM

Joshlin said... 31

I entered the Yoplait giveaway.
savingmomssanity at gmail dot com

SEPTEMBER 6, 2010 8:38 PM

heartnsoulcooking said... 32

I learned that Himalayan salt lamp is that it is an overall healing device helps promote the health and wellness of all individuals who use it.

heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 2:31 PM

heartnsoulcooking said...

33

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heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 2:54 PM

heartnsoulcooking said...

34

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heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 2:55 PM

heartnsoulcooking said...

35

Follow mtndewmama on twitter

heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 2:55 PM

heartnsoulcooking said...

36

Tweeted

http://twitter.com/Gerisandoval/status/23262375466

heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 2:57 PM

heartnsoulcooking said...

37

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heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 3:13 PM

heartnsoulcooking said...

38

Entered the \$35 CSN Stores Giveaway

heartnsoulcooking[at]gmail[dot]com

SEPTEMBER 7, 2010 3:14 PM

belgd said...

39

natural shape salt lamps are their best sellers. belgd at live dot com

SEPTEMBER 10, 2010 5:14 AM

belgd said...

40

I follow via GFC.

SEPTEMBER 10, 2010 5:14 AM

belgd said...

41

Facebook fan. belgd at live dot com

SEPTEMBER 10, 2010 5:14 AM

belgd said...

42

I follow you on twitter. belgd at live dot com

SEPTEMBER 10, 2010 5:14 AM

belgd said... 43

I entered the amazon giveaway. belgd at live dot com

SEPTEMBER 10, 2010 5:15 AM

belgd said... 44

I entered the yoplait giveaway.

SEPTEMBER 10, 2010 5:15 AM

katyck said... 45

i learned it helps promote your health -wow they are neat- i must have one.

thanks

tcogbill at live dot com

SEPTEMBER 11, 2010 4:01 PM

katyck said... 46

i follow you gfc

tcogbill at live dot com

SEPTEMBER 11, 2010 4:01 PM

katyck said... 47

i like you on fb

tcogbill at live dot com

SEPTEMBER 11, 2010 4:01 PM

katyck said... 48

i follow on twitter

katyck123

tcogbill at live dot com

SEPTEMBER 11, 2010 4:02 PM

katyck said... 49

i entered the csn

tcogbill at live dot com

SEPTEMBER 11, 2010 4:02 PM

katyck said... 50

i entered the amazon

tcogbill at live dot com

SEPTEMBER 11, 2010 4:02 PM

Joshlin said... 51

Daily Tweet!

<http://twitter.com/savingmomsanity/status/24241691191>

savingmomssanity at gmail dot com

SEPTEMBER 11, 2010 9:21 PM

Joshlin said... 52

I entered the Amazon gift card giveaway!

savingmomssanity at gmail dot com

SEPTEMBER 11, 2010 9:27 PM

allisonsbj3 said... 53

I learned they have lots of unique crafted shapes.

allisonsbj3(at)gmail(dot)com

SEPTEMBER 16, 2010 11:06 PM

allisonsbj3 said... 54

Blog follower

allisonsbj3(at)gmail(dot)com

SEPTEMBER 16, 2010 11:07 PM

allisonsbj3 said... 55

Facebook fan

allisonsbj3(at)gmail(dot)com

SEPTEMBER 16, 2010 11:07 PM

allisonsbj3 said... 56

Twitter follower

allisonsbj3(at)gmail(dot)com

SEPTEMBER 16, 2010 11:07 PM

crazychickenlady said... 57

I have learned that if you have one your home will be a source of energy and vitality that will continuously regenerate you!!

Cool It is a MUST have!!

rbutkicker@yahoo.com

SEPTEMBER 17, 2010 9:48 PM

crazychickenlady said... 58

i follow you GFC @ pitbullsaremylife

rbutkicker@yahoo.com

SEPTEMBER 17, 2010 9:49 PM

crazychickenlady said... 59

I follow you on twitter @ inlovewithhim12

SEPTEMBER 17, 2010 9:49 PM

crazychickenlady said... 60

i subscribe to your blog feed via my yahoo home page!

rbutkicker@yahoo.com

SEPTEMBER 17, 2010 9:49 PM

shirley said... 61

I learned they also sell bath salt crystals.
supergrand2009@yahoo.com
SEPTEMBER 17, 2010 11:28 PM

shirley said... 62

I am a follower
supergrand2009@yahoo.com
SEPTEMBER 17, 2010 11:28 PM

shirley said... 63

Like you on FB-shirley e
supergrand2009@yahoo.com
SEPTEMBER 17, 2010 11:28 PM

shirley said... 64

Follow on twitter @countrynest
supergrand2009@yahoo.com
SEPTEMBER 17, 2010 11:29 PM

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