



Home

PR Welcome

Blog List

Crafts

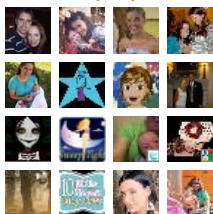


My name is Mary and I am a mommy to Luke who is a rambunctious two year old, who is my heart, and a dog mommy to Jake. I am a working mom who loves photography, taking pictures of Luke and crafting!!! My favorite crafts are the ones that have anything to do with pictures!!! I like to post a little bit of everything from crafts to pictures to posts about being a mommy. I also like to do reviews and giveaways! I hope you enjoy!!



Join this site with Google Friend Connect

Members (622) More »



Already a member? Sign in

SEPTEMBER 14, 2010

Himalayan Salt Lamp Review/Giveaway!!!

I was reading another blog, when they had a post about Himalayan Salt Lamps, I had never heard of them before and was very impressed with how beautiful these were! Of course I had to learn more about them.

I was very lucky to receive a Himalayan Salt Lamp to try out!



A little bit about [Salt Lamps](#):

- These lamps are made of natural **crystal salt** mined from underground salt mines in the foothills of the Himalayan Mountains
- The beautiful orange-reddish Himalayan crystal salt is mounted on a wooden base
- This **crystal salt** is hundreds of millions of years old and, as a result, has special properties and high mineral content
- Heat from the bulb (in our lamps) or flame (in our candle holders) causes the salt to emit **negative ions**
- These **negative ions** bond with the pollutants in the air (positive ions) and neutralize them
- Also, the newly bonded **ions** become heavier and fall to the ground removing them from the air circulation
- In addition, these **negative ions** combat **electro-smog** caused by electronic devices operating in the home
- Symptoms from asthma, allergies, and other illnesses can also subside from the effects of these products
- Concisely, these products cleanse the air naturally and are extremely beautiful

Luke and I both suffer from allergies. This summer has been a pretty bad one for us as far as our allergies go. Although I can't say if this is actually cleaning the air in our home, I can say that I love using this as an alternative to the big air purifiers. I use this in my bedroom, as my allergies seem to act up more at night.

It is beautiful and, for me, it is relaxing to watch it's soft glow.

Here it is in the day light



Freschetta Prize Pack~10/26

Spookley the Square Pumpkin Prize Pack~10/26

Fit Moms For Life Exercise DVD~10/26

eShakti \$20 Gift Certificate (2 Winners)~10/26



`<center><a href="http://www.lilbitofus.blogspot.com`



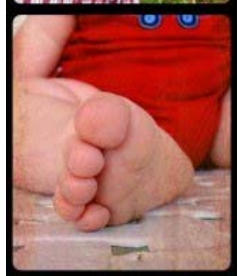
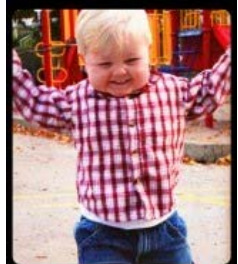
Enter your email address:

Subscribe

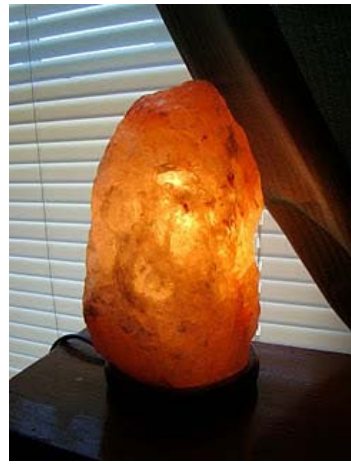
Delivered by FeedBurner

Posts

Comments



Here it is in the dark



Beautiful huh? Himalayan Salt Shop sells other items as well including: Salt Candle Holders and Salt Bath Crystals (sounds great, doesn't it?) And...Lil Bit of Us readers can use the discount code **lilbit** for a 10% off discount!

Guess What!!! The Himalayan Salt Shop is going to give one of my readers their very own Himalayn Salt Lamp (4-5 lb)!!!

Mandatory Entry:

Visit the [Himalayan Salt Shop](#) and tell me something you learned or another product you love!!!

Extra Entries:

1 Extra Entry: Follow my blog

1 Extra Entry: Follow me on [Twitter](#) and tweet about this giveaway, you can do this everyday for an extra entry everyday. You can use this sample tweet:

Win a Himalayan Salt Lamp! @getinthewins #giveaway <http://bit.ly/aj9gdg>

2 Extra Entry: Sign up for the [Himalayan Salt Shop](#) newsletter (leave 2 extra entries)

Enter some great giveaways



Starts April 4th Surviving Summer @ Two Of A Kind...

Spring April 20th Places where I hang out



Sea's Gift Baskets



Labels

[View](#) books (24)

Two of a Kind Working on a Full House (95) (14) easter (15) exercise (30) family (83) (66) (68) giveaway (158)

(14) (51) little boy (124) Losing it Thursday (48) **FAMILYLICIOUS**

(23) Mommyhood Monday's (56)

(32)



pictures on canvas

Take the pledge to Play2Day

Clorox2 Play2Day

BLOG DESIGNED BY



5 Extra Entries: Blog about this giveaway and leave a link

1 Extra Entry: Enter any of my other giveaways

I received a Himalayan Salt Lamp for review purposes only. No other compensation was received and these are my own honest opinions. This giveaway will end on 9/28 at 10pm. Winner will be chosen by random.org and will have 48 hours to respond to email or another winner will be chosen.

mary

LABELS: GIVEAWAYS, REVIEW

113 COMMENTS:



Adalia said... 1

I love the Tear Drop Salt Lamp
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:36 AM



Adalia said... 2

Follow you publicly with GFC
Adalia
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:36 AM



Adalia said... 3

Follow you on twitter
@adalia080
http://twitter.com/adalia080/status/24475805800
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:38 AM



Adalia said... 4

I signed up to their newsletter
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:39 AM



Adalia said... 5

I signed up to their newsletter
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:39 AM



Adalia said... 6

I entered the Pepper Spray Keychain~giveaway
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:40 AM



Adalia said... 7

I entered the Boogie Wipes~ giveaway
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:40 AM

(138)

recipes (18) review (182)

toys (19)

weekly weigh in

(35)

weight

watchers (12) winners (10)

Wordless Wednesday (67)



Hot Wheels Wall Tracks

Hot Wheels Wall Tracks

Adalia said... 8

I entered the Stride Everyday Panties giveaway
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:40 AM

Adalia said... 9

I entered the KIWI Shoe Care Kit~ giveaway
adaliadelcompar at gmail dot com
SEPTEMBER 14, 2010 9:41 AM

VickieB said... 10

I like the teardrop or the globe shaped lamps
SEPTEMBER 15, 2010 7:59 AM

VickieB said... 11

tweet <https://twitter.com/vlbsweeps/status/24563240502>
SEPTEMBER 15, 2010 8:00 AM

VickieB said... 12

1 signed up for the Himalayan Salt Shop newsletter vlbsweeps at gmail dot com
SEPTEMBER 15, 2010 8:02 AM

VickieB said... 13

2 signed up for the Himalayan Salt Shop newsletter vlbsweeps at gmail dot com
SEPTEMBER 15, 2010 8:03 AM

VickieB said... 14

entered the Kiwi Kit ReviewGiveaway
SEPTEMBER 15, 2010 8:09 AM

kathy pease said... 15

i also love the Pyramid Salt Lamp :)
SEPTEMBER 15, 2010 12:44 PM

kathy pease said... 16

<http://twitter.com/klp1965/status/24586026825>
SEPTEMBER 15, 2010 12:45 PM

kathy pease said... 17

google friend klp1965 klp1965 (AT) myfairpoint (DOTNET)
SEPTEMBER 15, 2010 12:46 PM

kathy pease said... 18

1 Himalayan Salt Shop email subscriber klp1965 (AT) myfairpoint (DOTNET)
SEPTEMBER 15, 2010 12:47 PM

kathy pease said... 19

2 Himalayan Salt Shop email subscriber klp1965 (AT) myfairpoint (DOTNET)
SEPTEMBER 15, 2010 12:48 PM

MRWriter said... 20

I like the set of 4 salt crystal candle holders.
AlexDean03(at)yahoo.com
SEPTEMBER 15, 2010 3:47 PM

MRWriter said... 21

GFC follower.

AlexDean03(at)yahoo.com

SEPTEMBER 15, 2010 3:47 PM

MRWriter said... 22

I entered the Costume Squad Gift Card Giveaway.

AlexDean03(at)yahoo.com

SEPTEMBER 15, 2010 4:13 PM

MRWriter said... 23

I entered the Kiwi Giveaway.

AlexDean03(at)yahoo.com

SEPTEMBER 15, 2010 4:13 PM

MRWriter said... 24

I entered the Tee Wit Gift Card Giveaway

AlexDean03(at)yahoo.com

SEPTEMBER 15, 2010 4:14 PM

Becky said... 25

I have always wanted one of these lamps!

I also love the bath spa crystal jars, they look awesome.

SEPTEMBER 16, 2010 7:39 AM

Becky said... 26

I'm a follower on GFC.

SEPTEMBER 16, 2010 7:41 AM

Becky said... 27

Kiwi

SEPTEMBER 16, 2010 7:43 AM

Becky said... 28

Gingerbread House

SEPTEMBER 16, 2010 7:46 AM

VickieB said... 29

tweet <https://twitter.com/vlbsweeps/status/24659431579>

SEPTEMBER 16, 2010 8:32 AM

The Angry Jackalope said... 30

I love the bowl of fire lamps! Thanks for the great giveaway!

justaduck at gmail.com

SEPTEMBER 16, 2010 11:14 AM

The Angry Jackalope said... 31

I signed up for their email newsletter!

justaduck at gmail.com

SEPTEMBER 16, 2010 11:15 AM

The Angry Jackalope said... 32

I'm following you with GFC!

justaduck at gmail.com

SEPTEMBER 16, 2010 11:16 AM

The Angry Jackalope said... 33

I signed up for their email newsletter! 2

justaduck at gmail.com

SEPTEMBER 16, 2010 11:16 AM

Jess said... 34

I learned that the longer you leave it on, the more it purifies!

SEPTEMBER 16, 2010 12:21 PM

Jess said... 35

I follow you on Twitter and I tweetd as @jesslag

SEPTEMBER 16, 2010 12:21 PM

Lexi's Mommy said... 36

i am a new follower to your blog!

SEPTEMBER 16, 2010 12:59 PM

Lexi's Mommy said... 37

"The special properties Himalayan Crystal Salt Lamps consist of negatively charged ions that act on the contaminants in the air by neutralizing them and weighing them down so they can no longer circulate." does that mean we can vacuum up the particles?! awesome i've never heard of these lamps but i really would like the salt lamp!

SEPTEMBER 16, 2010 1:01 PM

hellosarah said... 38

love the bowl salt lamps

SEPTEMBER 16, 2010 4:10 PM

VickieB said... 39

tweet <http://twitter.com/vlbsweeps/status/24753294939>

SEPTEMBER 17, 2010 8:33 AM

VickieB said... 40

tweet <http://twitter.com/vlbsweeps/status/24847393141>

SEPTEMBER 18, 2010 9:27 AM

VickieB said... 41

tweet <http://twitter.com/vlbsweeps/status/24926763651>

SEPTEMBER 19, 2010 7:12 AM

VickieB said... 42

tweet <https://twitter.com/vlbsweeps/status/25016123786>

SEPTEMBER 20, 2010 7:16 AM

ruslady said... 43

i love Pyramid Salt Lamp

galyettina-at-yahoo-dot-com

SEPTEMBER 20, 2010 12:35 PM

kathy pease said... 44

<http://twitter.com/klp1965/status/25040705606>

SEPTEMBER 20, 2010 12:44 PM

kathy pease said... 45

entered how to build a gingerbread house giveaway

SEPTEMBER 20, 2010 12:48 PM

Angie said... 46

I like the large bowl of fire lamp. angiewith3 at live dot com

SEPTEMBER 20, 2010 2:02 PM

Angie said... 47

follow with gfc. angiewith3 at live dot com

SEPTEMBER 20, 2010 2:02 PM

Angie said... 48

already follow you on twitter as @angiewith3 and RT'd giveaway: <http://twitter.com/angiewith3/status/25046197658>

angiewith3 at live dot com

SEPTEMBER 20, 2010 2:03 PM

Amanda T said... 49

I Love to Pyramid Salt Lamp!

aaron_amanda(at)live(dot)com

SEPTEMBER 20, 2010 7:41 PM

Amanda T said... 50

I follow you on Google Friend Connect.

aaron_amanda(at)live(dot)com

SEPTEMBER 20, 2010 7:44 PM

Amanda T said... 51

I follow you on Twitter @Smile7891 and I tweeted.

<http://twitter.com/Smile7891/status/25069224595>

SEPTEMBER 20, 2010 7:48 PM

Amanda T said... 52

I signed up for the Himalayan Salt Shop Newsletter. Entry 1

aaron_amanda(at)live(dot)com

SEPTEMBER 20, 2010 7:52 PM

Amanda T said... 53

I signed up for the Himalayan Salt Shop Newsletter. Entry 2

aaron_amanda(at)live(dot)com

SEPTEMBER 20, 2010 7:53 PM

Amanda T said... 54

I entered the Custom Squad giveaway.

aaron_amanda(at)live(dot)com

SEPTEMBER 20, 2010 9:49 PM

Benita said... 55

I love the Salt Bath Crystals.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:04 PM

Benita said... 56

GFC Follower.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:05 PM

Benita said... 57

I entered Kiwi Shoe Care.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:05 PM

Benita said... 58

I'm signed up for Himalayan Salt Lamp Newsletter.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:06 PM

Benita said... 59

I'm signed up for the Himalayan Salt Lamp Newsletter. #2

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:07 PM

Benita said... 60

I entered How to Build a Gingerbread House.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:56 PM

Benita said... 61

I entered Costume Squad Mystery Tee.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:57 PM

Benita said... 62

I entered Tee Wit GC.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:57 PM

Benita said... 63

I entered Take your Pix Board Book.

bgcchs(at)yahoo(dot)com

SEPTEMBER 20, 2010 10:57 PM

Romapr said... 64

I also like the Natural Shape Salt Candle Holder! Thanks!

SEPTEMBER 21, 2010 1:43 AM

Romapr said... 65

Following your blog

SEPTEMBER 21, 2010 1:44 AM

Romapr said... 66

Follow you and tweeted <http://twitter.com/romapr09/status/25093898432>

SEPTEMBER 21, 2010 1:47 AM

darlanpaulsmamma said... 67

what fabulous lamps - i have never seen anything like this - Heat from the bulb (in our lamps) or flame (in our candle holders) causes the salt to emit negative ions
These negative ions bond with the pollutants in the air (positive ions) and neutralize them -

this would be great for my family we are all asthma and allergy sufferers!

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:05 PM

darlanpaulsmamma said... 68

follow on twitter as lovinmykiddos and tweeted <http://twitter.com/lovinmykiddos/status/25154914333>

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:06 PM

darlanpaulsmamma said... 69

follow on gfc as darlanpaulsmamma

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:07 PM

darlanpaulsmamma said... 70

signed up for the himalayan salt shop newsletter

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:08 PM

darlanpaulsmamma said... 71

2 signed up for the himalayan salt shop newsletter

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:10 PM

darlanpaulsmamma said... 72

entered kiwi giveaway

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 6:19 PM

darlanpaulsmamma said... 73

entered how to build a gingerbread house giveaway

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 9:46 PM

darlanpaulsmamma said... 74

entered costume squad giveaway

melissa.barnes76 at yahoo dot com

SEPTEMBER 21, 2010 9:47 PM

darlanpaulsmamma said... 75

entered tee wit
melissa.barnes76 at yahoo dot com
SEPTEMBER 21, 2010 9:48 PM

darlanpaulsmamma said... 76
entered take your pix giveaway
melissa.barnes76 at yahoo dot com
SEPTEMBER 21, 2010 9:48 PM

Angie said... 77
tweeted giveaway again today: <http://twitter.com/angiewith3/status/25176813632>
angiewith3 at live dot com
SEPTEMBER 21, 2010 10:44 PM

VickieB said... 78
tweet tweet <https://twitter.com/vlbsweeps/status/25209038269>
vlbsweeps at gmail dot com
SEPTEMBER 22, 2010 9:03 AM

kathy pease said... 79
<http://twitter.com/klp1965/status/2521198990>
SEPTEMBER 22, 2010 9:29 AM

VickieB said... 80
tweet <https://twitter.com/vlbsweeps/status/25306368683>
vlbsweeps at gmail dot com
SEPTEMBER 23, 2010 9:29 AM

kathy pease said... 81
<http://twitter.com/klp1965/status/25307636535>
SEPTEMBER 23, 2010 9:39 AM

Adalia said... 82
<http://twitter.com/adalia080/status/25337623197>
adaliadelcompar at gmail dot com
SEPTEMBER 23, 2010 4:07 PM

Adalia said... 83
I entered the gingerbread giveaway
adaliadelcompar at gmail dot com
SEPTEMBER 23, 2010 4:11 PM

karasceviour said... 84
I also like the bowl of fire salt crystal lamps. karasceviour at hotmail dot com
SEPTEMBER 23, 2010 9:53 PM

karasceviour said... 85
I follow you via GFC. karasceviour at hotmail dot com
SEPTEMBER 23, 2010 9:53 PM

Angel Jacklyn said... 86
I LEARNED THEY SELL COMBO PACKS SUCH AS THE FOLLOWING-> Two 4-5 lb.
Lamps and Two Candle Holders Combo kytah00@yahoo.com
SEPTEMBER 23, 2010 10:31 PM

Angel Jacklyn said... 87

FOLLOWING YOU ON TWITTER USER NAME "kytah00" & TWEETED
<http://twitter.com/kytah00/status/25366820178> kytah00@yahoo.com
SEPTEMBER 23, 2010 10:32 PM

Angel Jacklyn said... 88

ENTERED YOUR BOOK ALBUM GIVEAWAY kytah00@yahoo.com
SEPTEMBER 23, 2010 10:32 PM

Angel Jacklyn said... 89

ON MY WAY TO ENTER YOUR TROPICAL TRADITIONS GIVEAWAY TOO
kytah00@yahoo.com
SEPTEMBER 23, 2010 10:33 PM

VickieB said... 90

tweet <https://twitter.com/vlbsweeps/status/25392307508>
vlbsweeps at gmail dot com
SEPTEMBER 24, 2010 6:35 AM

kathy pease said... 91

<http://twitter.com/klp1965/status/25414372460>
SEPTEMBER 24, 2010 11:32 AM

deanna said... 92

fave: globe salt lamp
deannalw47 @ hotmail.com
xoxoxo
SEPTEMBER 24, 2010 11:44 AM

deanna said... 93

GFC
deannalw47 @ hotmail.com
xoxoxo
SEPTEMBER 24, 2010 11:45 AM

deanna said... 94

entered costume squad giveaway
deannalw47 @ hotmail.com
xoxoxo
SEPTEMBER 24, 2010 11:50 AM

deanna said... 95

entered TeeWit giveaway
deannalw47 @ hotmail.com
xoxoxo
SEPTEMBER 24, 2010 11:55 AM

kathy pease said... 96

<http://twitter.com/klp1965/status/25499197245>
SEPTEMBER 25, 2010 9:47 AM

VickieB said... 97

tweet <https://twitter.com/vlbsweeps/status/25500007590>
SEPTEMBER 25, 2010 9:58 AM

VickieB said... 98

tweet <https://twitter.com/vlbsweeps/status/25582296827>

vlbsweeps at gmail dot com

SEPTEMBER 26, 2010 7:40 AM

kathy pease said... 99

<http://twitter.com/klp1965/status/25598157801>

SEPTEMBER 26, 2010 11:14 AM

won said... 100

I was on the website and love the Bowl of Fire Salt Lamp. I love the one you have spotlighted, too.

SEPTEMBER 27, 2010 5:03 PM

won said... 101

Following your blog.

Thank you!

SEPTEMBER 27, 2010 5:04 PM

Alicia R. Ambler said... 102

Looking at everything I love the one you've got! :D

SEPTEMBER 27, 2010 5:07 PM

won said... 103

Following and tweeted.

<http://twitter.com/#!/won2x/status/25721044491>

Thank you!

SEPTEMBER 27, 2010 5:07 PM

won said... 104

Signed up for Himalayan Salt Shop newsletter.

Thank you!

SEPTEMBER 27, 2010 5:08 PM

won said... 105

Signed up for Himalayan Salt Shop newsletter.

Thank you!

SEPTEMBER 27, 2010 5:08 PM

won said... 106

Entered your herbal water giveaway.

Thank you!

SEPTEMBER 27, 2010 5:10 PM

VickieB said... 107

tweet <http://twitter.com/vlbsweeps/status/25779039778>

vlbsweeps at gmail dot com

SEPTEMBER 28, 2010 8:21 AM

won said... 108

<http://twitter.com/#!/won2x/status/25782642433>

Thank you!

SEPTEMBER 28, 2010 9:10 AM

kathy pease said... 109

<http://twitter.com/klp1965/status/25797138366>

SEPTEMBER 28, 2010 11:55 AM

Rebecca said... 110

These are so incredibly beautiful! I think it's really cool that they are hundreds of millions of years old! I also think the Large Bowl of Fire Salt Lamp looks amazing!
imsosweepy [at] gmail [dot] com

SEPTEMBER 28, 2010 3:16 PM

Rebecca said... 111

I follow you on google friend connect
Rebecca Niehaus
imsosweepy [at] gmail [dot] com

SEPTEMBER 28, 2010 3:19 PM

Rebecca said... 112

I follow you on twitter as @sparkleglow and tweeted

<http://twitter.com/Sparkleglow/status/25812447690>

imsosweepy [at] gmail [dot] com

SEPTEMBER 28, 2010 3:21 PM

Rebecca said... 113

I entered the How to Build a Gingerbread House book giveaway

imsosweepy [at] gmail [dot] com

SEPTEMBER 28, 2010 3:34 PM

[Post a Comment](#)

LINKS TO THIS POST

[Create a Link](#)

[Newer Post](#)

[Home](#)

[Older Post](#)

[Subscribe to: Post Comments \(Atom\)](#)

© 2010 Laura Jane Designs
Elements by Madame Wing