

beauty brite

{a little bit of everything}



A little bit of everything ~ All about beauty, makeup, health, fitness, fashion, family, saving money, green friendly, product reviews, book reviews, opinions, giveaways and more! If you love all of the above, you'll love Beauty Brite!

[Home](#) [About Me](#) [Media Kit](#) [Disclosure Policy](#) [Reviews](#) [Book Reviews](#) [Namaste Media](#) [Blog Hop Library](#)
[Interviews](#) [As Seen On](#)

LinkWorth

Related Tags

[a picture](#) [a search](#) [health benefits](#) [natural health](#) [product reviews](#)
[search for](#) [air](#) [home](#) [windows](#) [email](#)

Tuesday, July 12, 2011

Himalayan Salt Shop Review and Giveaway

This giveaway is CLOSED.



When I read about the benefits of [salt crystal lamps](#), I knew I had to try them in my home. When you do a search for "salt lamps" or "Himalayan salt lamps," one of the few websites that come up is [HimalayanSaltShop.com](#). I received my lamp within a few weeks and couldn't wait to set it up and turn it on! It is so beautiful and has a soft glow. I received the 6-8 lb crystal salt lamp and I was surprised at how heavy it was! The lamp is a nice solid and sturdy lamp. I have my lamp on the bedside nightstand.

Shop Online



Sponsors

made minerals™





This a picture of my Salt Crystal Lamp on my nightstand

About the 6-8 lb salt lamp:

The 6-8 lb. Himalayan Salt Crystal Lamp is a common first purchase. It is still on the small side, but big enough for sufficient ionization of a small bedroom. It allows you the luxury of significant ionization at a low price. Those who wish to start their ionization process in their bedroom typically look for this lamp. From our experiences, the people who start out this way usually enjoy the lamp and decide to furnish additional rooms in the home.

I was immediately hooked by the benefits of having the **salt crystal lamps** in the home. Not only are the decorative, they are a natural air purifier! The beautiful lamps do not take up much space either. Here are the benefits:

Salt Crystal Lamps – Nature's Air Purifier

We spend most of our lives in enclosed places. Our frame of mind and physical condition depends upon the composition of the air that we breathe. Air is electrically charged, which means it contains in definite proportions, positively charged molecules (positive ions) and negatively charged molecules (negative ions).

Negative Ions clean the air of:

*Dust, Pollen (grass, weed and tree pollen), Animal Dander, Smoke, Odor, Mold Spores
Negative Ions help relieve symptoms of:
Hay Fever, Asthma, Seasonal Affective Disorders, Depression, Chronic Fatigue*

Ionizing Air:

Apart from their aesthetic beauty salt lamps are also reputed for a variety of beneficial effects like ionizing air in a room & humidity reduction.

Affects on Our Health:

Salt Lamps have been used as natural treatments for: Rheumatism, Allergies, Respiratory diseases, and Migraines.

Best Places for Salt Lamps:

In the house, for the Office and Computer Users, Meditation, in Massage rooms, Natural Health Practitioners, for Psychiatrists, for Allergy Sufferers



I am addicted to my salt crystal lamp and I can't wait to add more around our home. I am all about purifying our indoor air as I have asthma and allergies. My love and addiction of houseplants help clean our air. Unfortunately, the apartment we live in gets very little sunlight (our windows are surrounded by bushes and trees). I am unable to have as many houseplants as I would like to. The **salt crystal lamp** is a perfect substitution to cleaning our air!



Custom Canvas Prints

Himalayan Salt Licks

Any Qty. Free Shipping, Huge Saving
Bulk Wholesale Retail See Us First
www.HimalayanSalt.com

Crystal Salt Lamp

Save 84% On Crystal Salt Lamps Now!
Shop Your Way Today With Become.
Become.com/Crystal-Salt-Lamp

Pink Himalayan Sea Salt

Stimulates Circulation, Lowers BP,
Removes Toxins. Super-Fast Delivery
NutsOnline.com/Pink-Sea-Salt

AdChoices ▾

If my GFC Widget is down



with Google Friend Connect

Current Giveaways

Halloween Scream \$100
Paypal Giveaway - Ends 10/30
- Open WW

Recent Comments

They LIKE me, they REALLY like me!

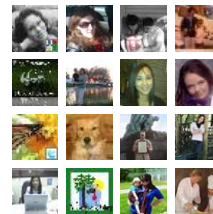
[Lizzie's Blog wrote...](#)
Thank you for the great review!

[Lmbrunken wrote...](#)
I love thrillers

Join this site

with Google Friend Connect

Members (1689) [More »](#)



Already a member? [Sign in](#)

[Giselle wrote...](#)
I have a really wide variety of genres that I enjoy. My current favourites are YA and Paranormal. I love a good scare and really looking forward to...
[Continue >>](#)

[nikki @ for the love of books wrote...](#)
I agree with Mandie, great review (though I'm still working through the book.)creativitylost at me dot com

[Mandie wrote...](#)
I agree it was a great book and awesome review!Mandie

Facebook

[Start To Finish Supplies wrote...](#)
My favorite genre is Non Fiction.katie at coverbutton dot net

[roswell wrote...](#)
i love anything supernatural and all that goes bump in the nightstaceyx at telus dot net

Link Love

[MAE MINERALS](#)

[Beauty Brite on Facebook](#)

[Mae Minerals Fanpage](#)

(+5) Subscribe to Beauty Brite via Feedburner, you must verify your email

DO IT: [Click for Instructions](#)

(+3) Add my blog to your Blog Roll

DO IT: [Click for Instructions](#)

(+5) Grab my button

DO IT: [Click for Instructions](#)

(+1) Follow BeautyBrite on Networked Blogs

DO IT: [Click for Instructions](#)

(+5) Blog about this giveaway

DO IT: [Click for Instructions](#)

(+5) Rate/Review Beauty Brite on Alexa

DO IT: [Click for Instructions](#)

HOW TO ENTER (once per day)

(+1) Tweet About the Giveaway

DO IT: [Click Here](#)

(+2) Share this giveaway on Facebook

DO IT: [Click for Instructions](#)

TERMS AND CONDITIONS

Giveaway ends August 9th @11:59PM EST. USA only. The winner will be selected by random.org and notified by email and will have 48 hours to reply back before a new winner is selected. Good Luck!

contest powered by [Rafflecopter](#)

- 641 Dawn Walsh "Like" Bees-Knees-Reviews on Fa 75 days ago
- 640 Dawn Walsh "Like" Mae-Minerals-By-Stephanie 75 days ago
- 639 Dawn Walsh "Like" Beautybrite on Facebook 75 days ago
- 638 Dawn Walsh Follow @beautybrite on Twitter 75 days ago
- 637 Dawn Walsh Follow @saltlampshop on Twitter 75 days ago
- 636 Dawn Walsh "Like" Thehimalayansaltshop on F 75 days ago
- 635 Dawn Walsh Leave a Blog Post Comment 75 days ago
- 634 Lisa Bailey Subscribe to Beauty Brite via Feedb 75 days ago





NetworkedBlogs

NetworkedBlogs

Blog: Beauty Brite
Topics: beauty, makeup, moms

Follow my blog

Vote for me!



Review Me



Klout



Book Page
Brief Hiatus
2 months ago

~*Official Snail Mail Pals Blog*~
3 months ago

Affiliate Sponsors



Favorite Blogs



629	Lisa Bailey "Like" <i>Bees-Knees-Reviews on Face</i> 75 days ago
628	Lisa Bailey "Like" <i>Mae-Minerals-By-Stephanie c</i> 75 days ago
LOAD MORE ENTRIES...	

Disclosure: The opinions provided are my own and not influenced by anyone else. I did not receive any financial compensation for this post. I received free products to facilitate my review

Stephanie

Comments

Login

Share

Buzz It

There are no comments posted yet. [Be the first one!](#)

Post a new comment

Enter text right here!

Site URL



Comment as a Guest, or login:

Name

Email

Displayed next to your comments.

Not displayed publicly.

Subscribe to **None**

Submit Comment

Links to this post

[Create a Link](#)

Posted by DisneyMom at 11:50 AM

1 person +1'd this

Labels: [family](#), [giveaway](#), [healthy](#), [household](#), [recipe](#)

[Newer Post](#)

[Home](#)

[Older Post](#)

Subscribe to: [Post Comments \(Atom\)](#)

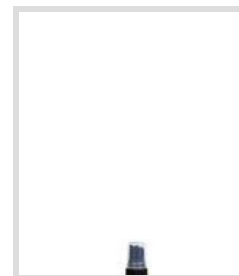
Badges



Green Tip
Use alternative wrapping paper
Wrapping paper is a key source of waste during the holidays or festiva...
[more](#)



Coupons and Giveaways



Get Widget

Books

Hardcover Fiction Bestsellers

-  1. *The Marriage Plot*
By Jeffrey Eugenides
2. *The Best of Me*
By Nicholas Sparks



Being Frugal & Making It Work
Giveaways, Reviews & Frugal Finds



Himalayan Salt Lamps
Highest Quality and Best Prices Free Shipping - Quantity Discounts
www.YourSaltLamps.com/SaveToday
Himalayan Salt Lamps SALE
Salt Lamps & Free Gift Free Shipping & *Wholesale*
www.LampSalts.com

Recent Visitors

Himalayan Salt Lamps

Highest Quality and Best Prices Free Shipping - Quantity Discounts
www.YourSaltLamps.com/SaveToday



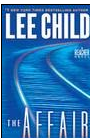
Himalayan Salt Lamps SALE

Salt Lamps & Free Gift Free Shipping & *Wholesale*
www.LampSalts.com

Wholesale Salt Lamps

Extremely Low Wholesale pricing. We always try to beat your price.
www.HimalayanSaltShop.com

AdChoices 

	3. The Night Circus By Erin Morgenstern
	4. The Paris Wife By Paula McLain
	5. The Affair By Lee Child

next >

make a widget @ indiebound.org

- [Live Traffic Feed](#)



See your visitors in RealTime! Get the Free Live Traffic Feed [Get Feedjit Now!](#)

A visitor from Massillon, Ohio arrived from [blogger.com](#) and viewed "[Beauty Brite: Stumbling Silly Blog Hop 10/24](#)" 22 mins ago

A visitor from Pelham, Alabama arrived from [google.com](#) and viewed "[Beauty Brite: Chuck's Proposal](#)" 28 mins ago

A visitor from Mountain View, California viewed "[Beauty Brite: {Book Tour} Feel the Passion Review](#)" 30 mins ago

A visitor from Fullerton, California arrived from [triberr.com](#) and viewed "[Beauty Brite: Walgreens Weekly Ad Top Deals 10/23-10/28](#)" 49 mins ago

A visitor from Atlanta, Georgia viewed "[Beauty Brite: TKB Trading Review](#)" 52 mins ago

A visitor from Mobile, Alabama arrived from [google.com](#) and viewed "[Beauty Brite: Vedette Shapewear Review and Giveaway](#)" 1 hour 1 min ago

A visitor from Denver, Colorado arrived from [blogger.com](#) and viewed "[Beauty Brite: Stumbling Silly Blog Hop 10/24](#)" 1 hour 36 mins ago

A visitor from Deerfield Beach, Florida arrived from

Blog Archive

▼ 2011 (364)

▶ October (61)

▶ September (41)

▶ August (72)

▼ July (32)

Hyper Hydration
Super Argan
Serum

Join our
Facebook
Group

Looney Tunes
Scenes &
Sound
Machine

The Best Laid
Plans Review

Walgreens Trip
7/28

\$200 Back to
School Visa
Gift Card
Giveaway

Meet Francesca -
Beach Body
Coach

Stauer Machina
Skeleton
Watch

Reviva Labs
Review and
Giveaway

Walgreens Trip
7/23

PedEgg

Mae Minerals
40% Off
Coupon Code

Relaxing and
Romantic

Massage

Pure Fiji

Shadows of
Wormwood
Review

Untouchable
Review

I've teamed up
with a Beach
Body Coach!

Himalayan Salt
Shop Review
and Giveaway

Addicted to
McDonald's
Frappes!

Easter's Lilly
Review

\$100 Amazon
Gift Card
Giveaway

Neutrogena
Gives Back -
Charitable
Campaign

NEUTROGENA
® RAPID
WRINKLE
REPAIR
LINE

The Dream Look
Instant Eye
Lift

Bentley Forbes
Review

It's Murder, My
Son Review

Aurora Yoga
Review

Let the teasing
begin...

Walgreens Trip
7/3

Female
Empowermen
t

Friday Friends
on Facebook!

Rite Aid
Facebook:
Free concert
tickets & \$2
off \$...

▶ June (42)

▶ May (29)

▶ April (31)

▶ March (17)

▶ February (14)

▶ January (25)

▶ 2010 (23)



This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivs 3.0 United States License](#).

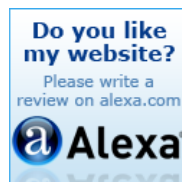


How did you get all the way down here? All the goodies are up there!

Beauty Brite © November 19, 2010 All rights reserved to our friends, subscribers, and readers



Alexa



FeedBurner FeedCount



Pageviews past week



Template images by [diane555](#). Powered by [Blogger](#).